

WAYS TO OFFER AN ALTERNATIVE

(USE WITH Refusing Drugs and Alcohol I:
Offering an Alternative)

1. Why don't we go to the movies instead?
2. Would you like to take a walk instead?
3. Why don't we have lunch together instead?
4. Why don't we go to church?
5. Why don't we go to an AA/NA meeting?

***If someone has drugs on them,
leave the situation***
