

REFUSING DRUGS AND ALCOHOL

(EXTRA FORM, OPTIONAL, SEVERAL OPTIONS FOR STEP 4)

1. Make eye contact.
2. In a firm voice, tell the person that you don't want to drink or use drugs.
3. Give a reason why you don't want to drink or use drugs.
4. Several options for Step 4:
 - Offer an alternative
 - OR request that the person not ask you to drink or use drugs again
 - OR leave the situation

***If someone has drugs on them,
leave the situation***
