

## **GROUP RULES**

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The group is patient-oriented. There are a number of rules, however, that everyone must follow for the safety of members and therapists, and to maximize the likelihood that all members will feel comfortable attending and have every opportunity to be successful. The rules are presented on a handout and explained after everyone has been introduced and the general format has been explained.

### **GUIDELINES FOR GROUP MEMBERS**

- The purpose of group is to help you reduce or stop your drug use. If you need to talk about other problems, tell the therapist before or after group.
  - Only one person should speak at a time.
  - Please no name-calling or swearing.
  - Please no criticizing or making fun of others.
  - Please no eating or drinking.
  - Please always come to group sober.
  - Please always respect privacy and confidentiality. What we say here should stay here.
  - Please try to stay in group. You may be asked to leave if you are not sober or if your behavior makes people feel uncomfortable.
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## **GROUP RULES (*continued*)**

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- You must participate in group for at least 30-minutes to get paid for attending. We can't pay you if you come very late or leave early.
  - We would like for you to come to as many sessions as possible, and will help you in any way we can. If you miss eight (8) sessions in a row, you will not be able to continue in the group.
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