

# **COPING WITH HIGH-RISK SITUATIONS**

**(USE WITH Review of Drug Refusal and Coping Skills)**

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1. Drug Refusal Skills
2. Escape the Situation
3. Avoid the Situation

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	<b>Hepatitis A</b>	<b>Hepatitis B</b>	<b>Hepatitis C</b>
What is it?	A virus that causes inflammation of the liver.	A virus that causes inflammation of the liver.	A virus that causes inflammation of the liver.
How is it spread?	Fecal/oral route through close person-to-person contact or injection of contaminated food and water.	Contact with infected blood, seminal fluids, vaginal secretions, contaminated needles (including tattoo and body-piercing tools).	Contact with infected blood, contaminated IV needles, razors, and tattoo or body-piercing tools.
How severe is it?	It does not lead to chronic disease.	It can cause liver cell damage, leading to cirrhosis and cancer.	It can cause liver cell damage, leading to cirrhosis and cancer. There is no treatment and many people die or need liver transplants.
Vaccine	Yes	Yes	NONE
Who is at risk?	Anyone in contact with an infected person, those engaging in oral/anal sex, and injection drug users.	Those having sex with an infected person or with multiple partners, injection drug users, persons engaging in oral/anal sex.	Injection drug users, those with multiple sex partners, those who share IV drug using needles or other IV tools. The virus can live for a long time on needles, razors, and other things.